



# St. Clare College

NAAC A+ Accredited | AICTE Approved | Affiliated to Bangalore University

NURTURING VALUES AND EXCELLENCE

Department of Psychology  
on the occasion of

## WORLD MENTAL HEALTH DAY

organises

# Hands on Experience of Therapies

10 October 2023

### PLAY Therapy



**Mr. Prabjyot Singh Ranhotra**

Kalpana Chawla  
AV 1

11:00 AM TO 12:00 PM

### GROUP Therapy



**Mr. Kedar Rao**

APJAK  
Auditorium

1:30 PM TO 2:30 PM

### MUSIC Therapy



**Ms. Vaishnavi Kumar**

Mother Teresa  
Conference Hall

10:30 AM TO 11:30 AM

### DANCE & MOVEMENT Therapy



**Ms. Ashwathi**

APJAK  
Auditorium

10:30 AM TO 11:30 AM

### ART Therapy



**Ms. Ridhi Pugalia**

Kuvempu Auditorium  
AV 2

10:00 AM TO 11:00 AM