



ST ALOYSIUS
(DEEMED TO BE UNIVERSITY)



School of Arts and Humanities DEPARTMENT OF SOCIAL WORK

Organises

NATIONAL SEMINAR

SĀMPRATHI 2026

on

**Promoting Health and Well-being
in a Changing World:
Emerging Challenges & Sustainable Responses**

16th & 17th September, 2026



ABOUT THE UNIVERSITY

On January 2024, St. Aloysius College (Autonomous), Mangaluru, attained the prestigious status of **St Aloysius (Deemed to be University)**, marking a significant milestone in its enduring commitment to providing quality higher education.

The University has a vibrant student community of over 8,000 learners and offers a diverse range of academic programmes, including Certificate, Bachelor's, Master's, and Doctoral degrees. These programmes span a wide spectrum of disciplines, including Humanities, Physical and Biological Sciences, Commerce and Management, Computer Science, Animation, Teacher Education, Vocational Studies, Engineering, and Law.

Established in 1880, the institution has a distinguished legacy of 146 years of academic excellence, providing quality education to students from diverse backgrounds, irrespective of caste, creed, or colour. Guided by its motto, *Lucet et Ardet* ("Shine to Enkindle"), the University has inspired generations of students to become men and women for and with others, bringing light, hope, and joy to society through their service.

ABOUT THE DEPARTMENT

The Department of Social Work at St. Aloysius (Deemed to be University), formerly known as St Aloysius College, Mangalore, was established in 2001 with the introduction of the Master of Social Work (MSW) program. The following year, in 2002, the department expanded its offerings to include an undergraduate program, the Bachelor of Arts in Social Work. The department is dedicated to developing competent, empathetic and committed social work professionals, equipped to contribute to societal development through continuous research, knowledge dissemination and transformative actions.

ABOUT THE SEMINAR

Health and well-being are fundamental to human development and serve as the cornerstone of sustainable societies. In today's rapidly evolving world, the pursuit of good health is increasingly challenged by demographic transitions, rapid urbanization, climate change, environmental degradation, globalization, technological advancements, changing lifestyles, emerging infectious diseases, and the growing burden of non-communicable diseases. These transformations have redefined global health priorities and underscored the need for resilient, equitable, and sustainable healthcare systems.

Persistent health inequities continue to affect marginalized and vulnerable populations, limiting access to quality healthcare and widening disparities in health outcomes. The rising prevalence of mental

health disorders, substance use, antimicrobial resistance, ageing populations, and the adverse health impacts of climate change further highlight the need for multi-disciplinary and collaborative responses. Addressing these contemporary health challenges requires a holistic approach that integrates disease prevention, health promotion, innovation, evidence-based practice, environmental stewardship, and inclusive public policies.

This seminar seeks to provide an interdisciplinary platform for academicians, researchers, healthcare professionals, social workers, policymakers, students, and practitioners to exchange ideas, present research findings, and discuss innovative strategies for addressing contemporary health challenges. It also aims to foster collaborative partnerships and promote sustainable solutions that enhance health and well-being for individuals and communities.

Paper Presentation Details

Paper presentations will be held in hybrid mode on 17th September 2026 from 9:30 a.m. onwards. Papers that align with the theme and sub-themes of the Seminar will be accepted. Authors are requested to submit an abstract not exceeding 250 words, using MS Word, Times New Roman, 12 font size, to samprathi_sw@staloysius.edu.in on or before 13 August, 2026. The abstract should include the title of the paper, author's name, and email ID. The full paper, not exceeding 4,000 words, must be submitted via email to deekshajournal_msw@staloysius.edu.in on or before 10 September 2026.

Selected papers will be published in DEEKSHA, Bi - Annual Peer-Reviewed Journal of Social Work published by the Department of Social Work. The Journal adheres to UGC publication guidelines and provides open-access online publication for greater visibility and indexing. It also assigns DOIs to all published articles.

SUB THEMES OF THE SEMINAR

- Health Equity and Universal Health Coverage
- Climate Change, Environment and Human Health
- Mental Health and Psychosocial Well-being
- Public Health Preparedness and Emerging Infectious Diseases
- Non-Communicable Diseases and Lifestyle Interventions
- Maternal, Child and Adolescent Health
- Geriatric Care and Healthy Ageing
- Community Health and participation for Health Promotion
- Occupational Health and Workplace Well-being
- Nutrition, Food Security and Public Health
- Disability, Rehabilitation and Inclusive Healthcare

- Ethics, Human Rights and Healthcare Governance
- Women's Health and Well-being
- Youth and Digital Well-being
- Youth Mental Health and Suicide Prevention
- Substance Use and Addiction Prevention
- Health Communication and Media
- Health Literacy and Behaviour Change Communication
- Role of NGOs and Civil Society in Health
- Integrative and Holistic Approaches to Health and Well-being

Registration and other details

- ☼ The registration fee is Rs. 300 per student and Rs 500 for Research scholars, teaching faculty, and Professionals.
- ☼ Registration is must for participation / presentation.
- ☼ In case of multiple authors, all the authors must register to receive the certificate of presentation.
- ☼ If an author submits two papers, both the papers must be registered.
- ☼ Kindly register your name before 09 September, 2026.
- ☼ **Kindly find the link to complete the registration :**



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