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St. Claret College
Autonomous, Bengaluru

ROLL NO:

DATE:

PG END SEMESTER EXAMINATION-FEB 2025

M.Sc.(Psychology) FIRST SEMESTER

MPY 1224: INDIGENOUS PSYCHOLOGY

TIME: 3 hours.

MAX. MARKS: 70

This paper contains ONE printed page and THREE parts

Instructions:

1. Verify and ensure that the question paper is completely printed.
2. Any discrepancies or questions about the exam paper must be reported to the COE within 1 hour after the examination.
3. Students must check the course title and course code before answering the questions.

PART-A

Answer FOUR questions out of SIX. Each answer carries FIVE marks.

[5x4 = 20]

1. Discuss the philosophical basis of Indian psychology
2. Summarise the basic concepts of Transpersonal psychology and the criticisms of the field.
3. Discuss the five Skandhas in Buddhism
4. Elucidate on the meaning and aims of Yoga.
5. Briefly discuss the basic premise and concepts of Kundalini yoga.
6. Discuss the different types of meditation techniques.

PART-B

Answer any TWO questions out of THREE. Each answer carries TEN marks.

[10x2=20]

7. Discuss the fundamental assumptions and characteristics of Indian psychology.
8. Explain the primary tenets and philosophical concepts of Jainism.
9. Explain the psychophysiological effects of Asanas and Pranayamas and its therapeutic usage.

PART-C

Answer any TWO questions out of THREE. Each answer carries FIFTEEN marks.

[15X2=30]

10. Elaborate on the concept of Trigunas and Stithaprajna as per Bhagavad Gita.
11. Discuss the basic principles of the following: a. Siddha b. Naturopathy
12. Discuss the primary tenets and schools of Buddhism.

