

# St. Claret College

Autonomous, Bengaluru

ROLL NO:

DATE:



PG END SEMESTER EXAMINATION-JAN/FEB 2026

M.Sc.(Psychology) FIRST SEMESTER

MPY 1224: INDIGENOUS PSYCHOLOGY

TIME: 3 hours.

MAX. MARKS: 70

This paper contains ONE printed page and THREE parts

**Instructions:**

1. Verify and ensure that the question paper is completely printed.
2. Any discrepancies or questions about the exam paper must be reported to the COE within 1 hour after the examination.
3. Students must check the course title and course code before answering the questions.

**PART-A**

Answer FOUR questions out of SIX. Each answer carries FIVE marks.

[5x4 = 20]

1. Define and explain the essence of transpersonal psychology.
2. Briefly describe the characteristics of a Sthitaprajna
3. What are the Tripitakas?
4. Write a note on the Antahkarana
5. Write a note on the concept of Prana.
6. Identify the need for alternative healing techniques.

**PART-B**

Answer any TWO questions out of THREE. Each answer carries TEN marks.

[10x2=20]

7. Elaborate on the current research trends in Indian psychology.
8. Explain the contribution of Jain school of thought to understanding motivation.
9. Elaborate on the role of Yoga in understanding and managing stress.

**PART-C**

Answer any TWO questions out of THREE. Each answer carries FIFTEEN marks.

[15X2=30]

10. Elaborate on the following: a) Dvaita and Advaita school of philosophy; b) Layers of consciousness according to Upanishads.
11. Explain on the historical background, traditions and schools of Buddhism.
12. Examine the applications of Reiki in varied conditions.

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