

6
St. Clare College
Autonomous, Bengaluru

ROLL NO:

DATE:

PG END SEMESTER EXAMINATION-FEB 2025

MSW FIRST SEMESTER

MSW 1624: PERSONAL AND PROFESSIONAL GROWTH

TIME: 3 hours.

MAX. MARKS: 70

This paper contains ONE printed page and THREE parts

Instructions:

- 1. Verify and ensure that the question paper is completely printed.**
- 2. Any discrepancies or questions about the exam paper must be reported to the COE within 1 hour after the examination.**
- 3. Students must check the course title and course code before answering the questions.**

PART-A

Answer FOUR questions out of SIX. Each answer carries FIVE marks.

[5x4 = 20]

1. How do you define self-worth, and how does it impact your professional practice?
2. Conduct a SWOT analysis of yourself.
3. Examine the importance of Professional Ethics.
4. List guidelines to be followed while writing an email to a professional audience.
5. Analyze the role of value in the present scenario.
6. Summarize the cognitive functions of the Brain.

PART-B

Answer any TWO questions out of THREE. Each answer carries TEN marks.

[10x2=20]

7. Identify two core personal values and explain how they influence the social work profession.
8. Explain the concept of Self-defeating behaviors. List strategies to change these behaviors.
9. Create a detailed personal monthly budget plan outlining the key steps involved.

PART-C

Answer any TWO questions out of THREE. Each answer carries FIFTEEN marks.

[15X2=30]

10. Discuss Social Workers' Ethical Responsibilities towards clients per the NASW Code of Ethics.
11. Critically analyze the concept of work-life balance in the context of the modern workplace using an example.
12. Elaborate on the WHO Life Skills Framework.
