

Roll No:

Date:

# St. Claret College

Autonomous, Bengaluru

PG END SEMESTER EXAMINATION-JULY/AUG 2024

MSW SECOND SEMESTER

MSW 2324: COUNSELLING THEORY AND PRACTICE

TIME: 3 hours.

MAX. MARKS: 70

This paper contains ONE printed page and THREE parts

## Instructions:

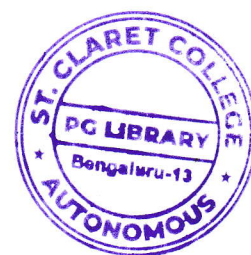
1. Verify and ensure that the question paper is completely printed.
2. Any discrepancies or questions about the exam paper must be reported to the COE within 1 hour after the examination.
3. Students must check the course title and course code before answering the questions.

## PART-A

Answer FOUR questions out of SIX. Each answer carries FIVE marks.

[5x4 = 20]

1. Describe the personal and professional characteristics that make an effective counsellor.
2. Briefly explain the application of the Psychoanalytical approach in counselling.
3. Outline the significance of confrontation skills in the counselling process.
4. Illustrate the SOLER method used in counselling.
5. Discuss the ethics involved in the counselling relationship.
6. Describe one therapeutic technique in Solution-Focused Therapy.



## PART-B

Answer any TWO questions out of THREE. Each answer carries TEN marks.

[10x2=20]

7. Discuss the importance of Attending and Listening skills in counselling.
8. Explain the application of Bowen's Family Therapy in addressing family conflicts with examples.
9. Discuss how counsellors in Child Guidance Clinics can support Child Development.

## PART-C

Answer any TWO questions out of THREE. Each answer carries FIFTEEN marks

[15x2=30]

10. Illustrate the process of counselling using a case study from your fieldwork.
11. Elaborate on various Cognitive Distortions and explain techniques used to address them.
12. Critically analyse the application of various counselling skills for clients with HIV/AIDS using a case study.